

FOR PLANNING PURPOSES

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*** MEDIA ADVISORY ***

Sacramento Chefs Team Up with Youth at 2nd Annual “Kids in the Kitchen: Cooking Competition”

Competition to take place at NeighborWorks Sacramento’s Oak Park Farmers Market, Saturday

SACRAMENTO – On Saturday, September 14, 2019, NeighborWorks Sacramento will host its 2nd Annual “Kids in the Kitchen: Cooking Competition” at their Oak Park Farmers Market, which will pair children and chefs from our community to compete in cooking teams.

Competing teams will utilize healthy foods from the farmers market, have exactly one-hour to create sweet and savory dishes, and will be judged by leaders from the community! This exciting event will help introduce kids to local produce and foods, empower them to get hands-on in the kitchen, and show families how incorporate healthy local foods into their diets.

WHO: NeighborWorks Sacramento;

Guest Chefs: Brenda Ruiz and Sandra Clark Jergensen;

Guest Judges: Amber Stott, Founder and CEO, Food Literacy Center; Nena Rasul, Chef and Culinary Art Instructor, American Legion High School; Jorge Aguilar, Superintendent Sacramento Unified School District; and Rachael Levine, Treasurer, Les Dames d'Escoffier Sacramento Chapter

WHAT: 2nd Annual “Kids in the Kitchen: Cooking Competition”

WHEN: Saturday, Sept. 14. Market opens at 9am, competition begins at 10am.

WHERE: Oak Park Farmers Market – McClatchy Park, 35th St. & 5th Ave.

Funding for “Kids in the Kitchen: Cooking Competition” provided by Molina Healthcare of California’s 2019 Community Champions Award – awarded to Joany Titherington, manager of NeighborWorks Sacramento’s Oak Park Farmers Market.

About NeighborWorks Sacramento

NeighborWorks® HomeOwnership Center Sacramento Region has been serving people in the community and neighborhoods of Sacramento City and County since 1987. A not-for-profit 501(c)(3) organization, NeighborWorks® Sacramento’s mission is to provide opportunities for successful homeownership and strong communities through quality education, affordable lending, supportive partnerships and dedicated leadership. For more information, visit www.nwsac.org

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